|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| WEEK ONE | BREAKFAST | SNACK | LUNCH | SNACK | TEA |
| MONDAY | Cereal /Toast | Rice cakes | TOMATO/HERB PASTA, DIPS +MIXED VEG STICKS FRUIT PLATTER | Fruit | Cheese on Toast + Veg sticks +dips |
| TUESDAY | Cereal /ToastFruit | Fruit | FISH FINGERS, RICE, SALAD BOWLS {BEETROOT/APPLE + CARROT/RAISIN}FRUIT PLATTER | Rice cakes | Sandwiches and Veg Sticks + Dips  |
| WEDNESDAY | Cereal /Toast | Fruit | CHICKEN/QUORN CHOW MEIN, EGG NOODLES, PRAWN CRACKERS, MIXED SALADFRUIT PLATTER | Fruit | Muffins, Meats + Salad |
| THURSDAY | Cereal /ToastFruit | Crackers | MARGERITA PIZZA, POTATO SALAD, MIXED SALADFRUIT PLATTER | Fruit | Crumpets, Meats + Salad |
| FRIDAY | Cereal /Toast | Fruit | JACKET POTATOES, CHEESE, BEANSFRUIT PLATTER | Crackers  | Make Your Own |

ROOFTOPS NURSERY SUMMER WEEKLY MENU

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| WEEK TWO | BREAKFAST | SNACK | LUNCH | SNACK | TEA |
| MONDAY | Cereal /ToastFruit | Crackers | MACARONI CHEESE, PEAS, GARLIC BREADFRUIT PLATTER | Fruit  | Savoury Sandwiches, Veg Sticks |
| TUESDAY | Cereal /Toast | Fruit | ROAST CHICKEN, RICE, CUCUMBER/TOMATOESFRUIT PLATTER | Yoghurts | Bagels, Meats + veg sticks |
| WEDNESDAY | Cereal /ToastFruit | Rice cakes | VEGETABLE SAUCE, PASTA, BROCCOLIFRUIT PLATTER | Fruit | Crumpets, Meats + dips |
| THURSDAY | Cereal /Toast | Fruit | FISH CAKES, CHIPS, BEANSFRUIT PLATTER | Fruit | Croissants, spreads + veg sticks |
| FRIDAY | Cereal /ToastFruit | Fruit | MEATBALLS, COUS COUS, CARROTS, GARLIC BREADFRUIT PLATTER | Crackers | Make Your Own |