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| --- | --- | --- | --- | --- | --- |
| WEEK ONE | BREAKFAST | SNACK | LUNCH | SNACK | TEA |
| MONDAY | Cereal /Toast | Rice cakes | TOMATO/HERB PASTA, DIPS +  MIXED VEG STICKS FRUIT PLATTER | Fruit | Cheese on Toast + Veg sticks +dips |
| TUESDAY | Cereal /Toast  Fruit | Fruit | FISH FINGERS, RICE, SALAD BOWLS {BEETROOT/APPLE + CARROT/RAISIN}  FRUIT PLATTER | Rice cakes | Sandwiches and Veg Sticks + Dips |
| WEDNESDAY | Cereal /Toast | Fruit | CHICKEN/QUORN CHOW MEIN, EGG NOODLES, PRAWN CRACKERS, MIXED SALAD  FRUIT PLATTER | Fruit | Muffins, Meats + Salad |
| THURSDAY | Cereal /Toast  Fruit | Crackers | MARGERITA PIZZA, POTATO SALAD, MIXED SALAD  FRUIT PLATTER | Fruit | Crumpets, Meats + Salad |
| FRIDAY | Cereal /Toast | Fruit | JACKET POTATOES, CHEESE, BEANS  FRUIT PLATTER | Crackers | Make Your Own |

ROOFTOPS NURSERY SUMMER WEEKLY MENU

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| WEEK TWO | BREAKFAST | SNACK | LUNCH | SNACK | TEA |
| MONDAY | Cereal /Toast  Fruit | Crackers | MACARONI CHEESE, PEAS, GARLIC BREAD  FRUIT PLATTER | Fruit | Savoury Sandwiches, Veg Sticks |
| TUESDAY | Cereal /Toast | Fruit | ROAST CHICKEN, RICE, CUCUMBER/TOMATOES  FRUIT PLATTER | Yoghurts | Bagels, Meats + veg sticks |
| WEDNESDAY | Cereal /Toast  Fruit | Rice cakes | VEGETABLE SAUCE, PASTA, BROCCOLI  FRUIT PLATTER | Fruit | Crumpets, Meats +  dips |
| THURSDAY | Cereal /Toast | Fruit | FISH CAKES, CHIPS, BEANS  FRUIT PLATTER | Fruit | Croissants, spreads + veg sticks |
| FRIDAY | Cereal /Toast  Fruit | Fruit | MEATBALLS, COUS COUS, CARROTS, GARLIC BREAD  FRUIT PLATTER | Crackers | Make Your Own |